

Activities on occupational health and health promotion for employees and suppliers' workers

Activity	Detail	• Performance
RATCH Group		
AI Postural Analysis	AI-enabled analysis, detection and assessment of body movements, to prevent and rehabilitate office syndrome	<ul style="list-style-type: none"> • 43 employees received the service • The satisfaction rate for the service was 87.74%
Eye check-up	Eye check-up by ophthalmologist for the examination of eyesight, vision and eye health, to prevent risks from extensive use of eyesight and reduce fatigue	<ul style="list-style-type: none"> • 17 employees underwent eye examinations • 33 employees received eye care procedures • The satisfaction rate for the service was 91.75%
Basic medical examination	Finger blood glucose test for NCDs screening and doctor consultation service via LINE OA.	<ul style="list-style-type: none"> • 43 employees received the service • 94 employees registered for medical consultations via the LINE Official Account • The satisfaction rate for the service was 93.08%
Basic dental checkup	Dental health checkup and scaling services	<ul style="list-style-type: none"> • 26 employees received the service • Preventive oral health care advice was provided • The satisfaction rate for the service was 86.66%
Bio Feedback stress test	Stress and nervous system balance screening with Bio Feedback equipment to prevent chronic stress that can harm mental health, and promote well-being	<ul style="list-style-type: none"> • 86 employees received the service • The satisfaction rate for the service was 93.71%
BMI measurement	Measurement of weight and height and calculation of Body Mass Index with basic advice on nutrition and health tips,	<ul style="list-style-type: none"> • 58 employees received the service • The satisfaction rate for the service was 87.74%

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	for the screening of non-communicable diseases like obesity, diabetes, and high blood pressure	
Ratchaburi Power Plant		
Hearing-related diseases	Hearing examinations for at-risk employees were conducted by an occupational medicine physician	<ul style="list-style-type: none"> • 100% of employees completed the hearing tests and training • All employees received training conducted by an occupational medicine physician to assess hearing loss and enhance knowledge on “Occupational Diseases and Noise Hazards”
Non-communicable diseases (NCDs)	Screening for NCD risks was conducted through blood glucose testing and body composition analysis (BMI and body fat), along with training on “Understanding and Preventing NCDs” and providing guidance on nutrition and exercise for at-risk employees	<ul style="list-style-type: none"> • 40 employees participated in the training • 100% of at-risk employees underwent NCD screening
Communicable diseases (e.g., seasonal influenza, dengue fever, and chickenpox)	Vaccination services were provided to prevent communicable diseases and reduce the risk of infection and disease outbreaks	<ul style="list-style-type: none"> • 200 employees/partners received preventive vaccinations
Mental Health Check-in for	Stress levels were assessed through an online mental health assessment, along	<ul style="list-style-type: none"> • 100% of employees completed the mental health assessment

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stress assessment	with training on “Basic Mental Health Counseling Techniques for Supervisors”	<ul style="list-style-type: none"> 100% of supervisors completed the training
Ratch Cogeneration Power Plant		
Hearing-related diseases	Annual health examinations based on risk factors are conducted for employees exposed to hearing-related risks.	<ul style="list-style-type: none"> No additional hearing abnormalities were identified among employees and contractors
Non-communicable diseases (NCDs)	Training on “Healthy Eating for NCD Prevention” was organized to enhance nutritional knowledge and encourage positive health behavior changes, supporting employees in maintaining good health and performing their duties effectively.	<ul style="list-style-type: none"> 31 employees and contractors participated in the activity
Ratch Energy Rayong Power Plant		
Annual Health and Hearing Examinations	Annual health and hearing examinations were conducted, covering all employees in at-risk groups, with follow-up monitoring for those identified with abnormalities	<ul style="list-style-type: none"> 100% of employees underwent annual health and hearing examinations One employee was identified with early signs of hearing abnormality due to age-related factors, as the nature of work does not involve exposure to high noise levels from the production process
Ratch Pattana Energy Group		
Hearing-related diseases	Annual hearing examinations for employees	<ul style="list-style-type: none"> 100% of employees underwent the hearing examination No hearing abnormalities were identified
The Best Healthy	Promoting employee health and reducing illness through physical exercise	<ul style="list-style-type: none"> 97 employees participated in the activity

Activity	Detail	• Performance
		<ul style="list-style-type: none"> Employees' health improved, and the medical claim rate decreased by 1.50%
Hinkong Power Power Plant		
Hearing-related diseases	Annual health and hearing examinations were conducted for employees and at-risk contractors, with follow-up monitoring for those identified with abnormalities	<ul style="list-style-type: none"> 100% of employees and contractors underwent health examinations 17 employees and contractors were identified with abnormalities; investigation results indicated that these conditions were related to personal factors and existed prior to employment at the power plant, and were not work-related
SAFETY MOMENT-SHARING	Health-related knowledge was communicated through the LINE application, public information boards, and weekly Safety Talk activities	<ul style="list-style-type: none"> Health promotion and care information was communicated on 52 occasions 100% of employees and contractors acknowledged the communicated information